



ARC Climbing Policies



Please complete our **COVID-19 Screening Tool** (see QR code to the upper left) if we are in **Orange** or **Red** of the Covid-19 Response Framework. Please do not come to the gym if you, or anyone in your household, are exhibiting any symptoms of COVID-19 (cough, cold, fever, etc. – [Full list of symptoms](#)), if you have been out of the country in the past 14 days, if you have been directed to self-isolate by a health authority, if you have been in close contact with anyone who has tested positive for Covid-19 in the last 14 days.



Climbing gym capacity is 30 climbers (**Green**) or 20 (**Yellow, Orange** or **Red**) to allow physical distancing. Check our current occupancy on the RGPro Connect app
[Android](#)
[iPhone](#)
or on the front page of our website

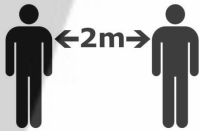


Please wash your hands or use our complimentary hand sanitizer upon arrival. Use your scan key, or barcode from the app, or give your name to the person at the front desk, then proceed to the climbing area. Hand sanitizer will be available for use throughout the reception area and the gym.



The climbing wall cannot effectively be sanitized. Your protection from this is good hygiene practices, by frequently hand washing, or hand sanitizing, and not touching your face.

Also, don't bite the rope when you're lead climbing.



Please maintain physical distance between those not in your social bubble. Maintain a minimum physical distance of 2 meters from other individuals and 3m when exercising (**Yellow, Orange** or **Red**).



We require that you wear a face covering upon arrival and at all times in the climbing areas (exception while eating or drinking)



While we love you, please leave when you're done climbing so others can come. Please limit your visit to 90min. Please checkout when leaving by communication with the front desk staff.

CLIMBING + YOGA

Thank you for doing your part to keep our community healthy!